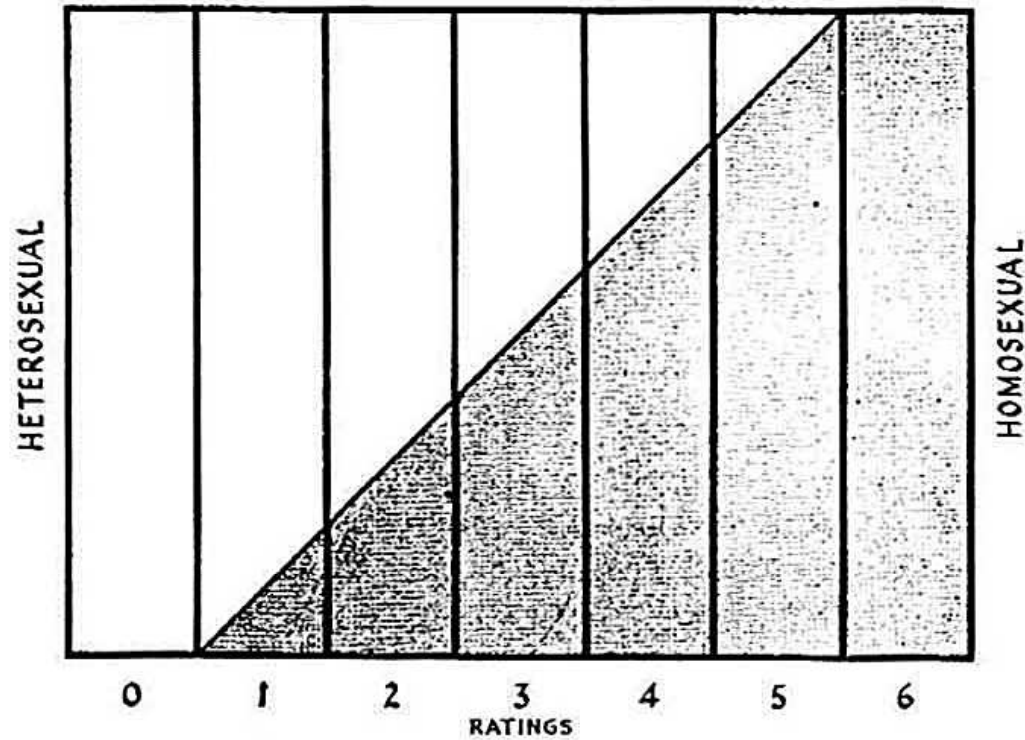


# Kinsey Sexual Orientation Scale



Based on both psychologic reactions and overt experience, individuals rate as follows:

0. Exclusively heterosexual with no homosexual
1. Predominantly heterosexual, only incidentally homosexual
2. Predominantly heterosexual, but more than incidentally homosexual
3. Equally heterosexual and homosexual
4. Predominantly homosexual, but more than incidentally heterosexual
5. Predominantly homosexual, but incidentally heterosexual
6. Exclusively homosexual

Alfred C. Kinsey  
 Sexual Behavior in the Human Male  
 Indiana University Press, Bloomington, 1948  
 ISBN 0-253-33412-8

# Klein Sexual Orientation Grid

VARIABLE	PAST	PRESENT	IDEAL
A. Sexual Attraction			
B. Sexual Behavior			
C. Sexual Fantasies			
D. Emotional Preference			
E. Social Preference			
F. Het/Homo. Lifestyle			
G. Self-Identification			

People rate themselves on a 7-point scale from 1 to 7 as follows:

For variables A to E.:

1. = Other sex only
2. = Other sex mostly
3. = Other sex somewhat more
4. = Both sexes equally
5. = Same sex somewhat more
6. = Same sex mostly
7. = Same sex only

For variables F. and G.:

1. = Hetero only
2. = Hetero mostly
3. = Hetero somewhat more
4. = Hetero/gay-Lesb. equally
5. = Gay-Lesb. somewhat more
6. = Gay-Lesb. mostly
7. = Gay-Lesb. only

Fritz Klein, MD  
 The Bisexual Option, Second Edition  
 Harrington Park Press, Binghamton NY, 1993  
 ISBN 1-56023-033-9